



## PWR'S PROGRAM FOR HIGH RISK BEHAVIOURS

Based on  
Neuroscience,  
Evidence-Based  
Therapy and Patient's  
Response

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### REQUEST FOR LETTER / REPORT

Dear \_\_\_\_\_,

PWR Health Consultants is a leading edge health care provider in the field of forensic psychotherapy and mental health in Canada. PWR has offered treatment and hope to numerous clients involved in the justice system by combining the latest research in attachment theory, arousal regulation and developmental neurobiology based on patient's needs and responses in individual and group therapy. Your decision to refer your client to PWR's program is the best possible outcome for him/her as our patients have often commented that being criminally charged was a blessing in disguise as it led them to PWR and a world of knowledge that they had previously not known or understood.

In view of the fact that our patients are often facing serious matters before the court, PWR Health Consultants is able to provide letters/reports to aid in the legal process. Over the years, our role has been not only to diagnose and treat, but also to help inform patients, their families, lawyers, judges, probation and parole officers, and others regarding the nature of mental illness and its role in pre-disposing an individual to high risk behaviors.

The writing of letters and reports is a service which OHIP does not cover and therefore will be charged a minimum fee plus HST. The cost of each report will be determined by the complexity of the document requested and the time required to complete the service.

A retainer of \$1,000.00 is expected along with a detailed written request by email to Benita Joy at [bjoy@pwr.ca](mailto:bjoy@pwr.ca). This retainer is only a deposit. The cost of your letter may be less or more than the retainer, in which case, PWR will either refund or invoice you for the remainder of the cost.

Once PWR has received the following items:

- Email request from lawyer/PO directly to Benita Joy at [bjoy@pwr.ca](mailto:bjoy@pwr.ca) (see sample)
- List of specific questions to be addressed (see sample)
- Retainer in the amount of \$1,000.00 (cash, cheque or e-transfer)
- Date on which report is required by
- Signed consent forms (if needed)
- Lawyer's information, including name, address, phone number, etc. (if needed)

The process of drafting, revising, editing, and re-writing the final report can take two to four weeks and letters will not be written unless the guidelines are met.

Rush orders will be charged a rush service fee in addition to the cost of the letter according to the following schedule:

- \$700 – processing time less than 2 days
- \$500 – processing time less than 1 week
- \$400 – processing time less than 2 weeks

Once your request has been satisfactorily processed, you will be invoiced the remaining balance.

Benita Joy may be reached at (647) 887 8078 or by email at [bjoy@pwr.ca](mailto:bjoy@pwr.ca).



You may request the following types of documents:

- **Brief initial reports**
  - These short letters are often requested to verify that the patient has been accepted into PWR's program, has appointments scheduled and has begun the process of therapy.
- **Interim reports**
  - These medium length reports often outline a patient's progress in therapy highlighting the homework they have been working on (i.e. their Binder) and any other information specific to their case as requested by the lawyer.
- **Full length final reports**
  - Type 1 – The first type of full length report contains analyses relevant to the direction of the patient's case as requested by you the lawyer. They are based on completed tests, assessments, detailed history, scientific research, the patient's binder and intimate knowledge of the patient gathered over time.
  - Type 2 – In the same way that we formulate and tailor our treatment goals to best suit the needs of our patients, PWR offers modified and adapted reports addressing very specific patient needs. This is accomplished by working closely with you the lawyer. If you have special requests or the type of letter you are seeking is not listed, please do not hesitate to contact us. We are able to write uniquely themed letters for some patients in order to inspire the best possible outcome for them. Our in-depth knowledge of the client allows PWR to identify connections and relationships that are not immediately obvious. Some of these unique scenarios may include, but are not limited to: alternative explanations, mitigating circumstances, detailed historical narratives, etc.

Letters/Reports may include any or all of the following items:

- Statement of Purpose
- Questions specified by lawyer**
- PWR's Approach
- Dr. Doupe's Background
- Referral Information
- Documents Reviewed
- Charges
- Diagnoses
- Rationale for Diagnoses
- Medication
- Patient Commitment
  - Attendance Record (Group + Individual)
  - Missed Appointments
  - Attitude and Participation (Group + Individual)
  - Patient-responsibility to complete assignments
- Progress in treatment
  - Review of Binder
  - Quality of Homework
  - Practical Application
- Comment on Clinical Risk
- Current stage of treatment process
- Expected duration of program
- Dr. Doupe's Professional Opinion
- Summary and Recommendations

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